

PE Whole School Overview of the Year

Year One	Fundamental Movement Skills 1	Invasion Game Skills 1	Gymnastics - Balancing & spinning on Points & Patches	Dance - Animals	Object Manipulation 2	Athletics 2
	Locomotion 2	Striking & Fielding Game Skills 1	Net & Wall Game Skills 1	Invasion Game Skills 2	Fundamental Movement Skills 2	Yoga
Year Two	Target Games 3	Invasion Game Skills 2	Gymnastics - Spinning, turning & twisting	Dance - Animals	Fundamental Movement Skills 3	Athletics 2
	Fundamental Movement Skills 2	Striking & Field Game Skills 2	Net & Wall Game Skills 2	Tri Golf	+	Yoga
Year Three	Health Related Fitness	Handball	Gymnastics - Linking movements together	Hockey	Rounders	Athletics
	Basketball	Tag Rugby	Football	Dance - Egyptians	Tennis	Cricket
Year Four	Health Related Fitness	Handball	Gymnastics - Arching and bridges	Dance - Dance Around the World	Rounders	Cricket
	Basketball	Tag Rugby	Football	Hockey	Tennis	Athletics
Year Five	Basketball	Football	Netball	Swimming	Rounders	Athletics
	Health Related Fitness	Gymnastics - Partner work - under and over	+	Tag Rugby	+	Cricket
Year Six	Health Related Fitness	Football	Gymnastics - Counter-balance & counter tension	Dodgeball	Rounders	Athletics
	Basketball	Ultimate Frisbee	Netball	Dance - The Haka	Badminton	Cricket

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