

WEEK 1 MENU

w/c- 30/10, 20/11, 11/12, 01/01,
22/01, 12/02, 04/03, 25/03



	Monday	Tuesday	Wednesday	Thursday	Friday
	WORLD FOOD DAY	STREET FOOD DAY	ORIGINALS DAY	PLANET EARTH DAY	FRIDAY FAVOURITES
MAIN 1	Minced Beef and Potato Pie or Moroccan Chicken Bake	Chicken Burger or Crispy Beef Noodles	Roast of the Day or Spiced Corn Ribs, Slaw & Flatbread	Margherita Pizza or Pasta Primavera	Oven Baked Breaded Fish Fingers or Tuna Fishcake, Corn Salsa
Main 2	Shepherdess Pie	Cheese & Tomato Quesadilla	Roasted Quorn Fillet, Tomato Gravy	Teriyaki Noodles with Edamame Beans	Veggie Nuggets
Carbohydrates	Creamy Mashed Potato	Braised Rice	Roasted Potatoes	Red Onion Foccacia Slice	Oven Baked Chips
Vegetables	Roasted Carrots	Spiced Green Beans	Roasted Winter Vegetables	Sweetcorn	Garden Peas Baked Beans
Desserts	Iced Carrot Cake Selection of Yoghurts, Fruit,	Flapjack Selection of Yoghurts, Fruit,	Plum Pudding Cake Selection of Yoghurts, Fruit,	Jelly Crunch Pot Selection of Yoghurts, Fruit,	Vanilla Ice Cream Selection of Yoghurts, Fruit,

AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)

Future 50 Contains one or more of the top 50 most sustainable foods in the world!
































Vegetarian **Vegan** **Organic**

For allergen content please speak to member of staff who will be happy to assist

WEEK 2 MENU

w/c – 06/11, 27/11, 18/12, 08/01,
29/01, 11/03



	Monday	Tuesday	Wednesday	Thursday	Friday
	WORLD FOOD DAY	PLANET EARTH DAY	ORIGINALS DAY	STREET FOOD DAY	FRIDAY FAVOURITES
MAIN 1	Chicken or Pork Sausage or Meatball Bake	Macaroni Cheese or Crispy Tempeh Noodles 	Roast of the Day or Vegetable and Lentil Lasagne  	Mild Chicken Curry or Chicken Shawarma Flatbread	Oven Baked Breaded Fish (Pollock) or Salmon Fish Finger & Cheese Bap
Main 2	Vegan Sausage & Gravy 	Chickpea and Coconut Curry with Rice   	Roasted Vegetable Tart 	Vegetable and Mozzarella Traybake 	Vegan Katsu with Chips  
Carbohydrates	Mashed Potato 	Garlic and Parsley Bread 	Roasted Potatoes 	Braised Rice 	Oven Baked Chips 
Vegetables	Braised Red Cabbage 	Stir Fry Vegetables 	Fresh Carrots and Cabbage 	Roasted Cauliflower 	Garden Peas Baked Beans 
Desserts	Vegan Sweet Potato & Ginger Cake  Selection of  Yoghurts, Fruit,	Apple Shortbread  Selection of  Yoghurts, Fruit,	Berry Crumble Traybake  Selection of  Yoghurts, Fruit,	Chocolate and Beetroot Cake  Selection of  Yoghurts, Fruit,	Carrot and Apple Muffin  Selection of  Yoghurts, Fruit,

AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)



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Organic

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WEEK 3 MENU

w/c – 13/11, 04/12, 15/01, 05/02,
26/02, 18/03



	Monday	Tuesday	Wednesday	Thursday	Friday
	STREET FOOD DAY	WORLD FOOD DAY	ORIGINALS DAY	PLANET EARTH DAY	FRIDAY FAVOURITES
MAIN 1	Wholemeal Meat Feast Pizza or Cajun Chicken	Chicken Gyro Pittas or Pasta Bolognaise	Roast of the Day or Vegetable Lancashire Hot Pot PLANT	Ratatouille Pasta Bake Or Roasted Tomato and Pesto Pasta	Oven Baked Breaded Fish or Japanese Veggie Pancake, Soy Sauce PLANT
Main 2	Sweet Potato and White Bean Calzone Pizza PLANT	Barley and Vegetable Risotto PLANT	Mediterranean Gnocchi Bake 	Vegetarian Sausage and Bean Hot Pot 	Cheese & Tomato Pinwheel
Carbohydrates	Baked Potato Wedges	Garlic and Red Onion Focaccia Slice	Roast Potatoes 	Baked Half Jacket Potato	Oven Baked Chips
Vegetables	Roasted Sweetcorn 	Panzanella Salad Mixed salad, Croutons & Dressing	Roasted Carrots and Steamed Greens	Braised Peas	Garden Peas Baked Beans
Desserts	Gainsborough Tart Selection of Yoghurts, Fruit,	Cherry Cinnamon Pudding Selection of Yoghurts, Fruit,	Baked Rice Pudding – Fruit Compote Selection of Yoghurts, Fruit,	Sticky Orange Cake Selection of Yoghurts, Fruit,	Chocolate Pots Selection of Yoghurts, Fruit,

AVAILABLE DAILY: Jacket potatoes baked onsite with
a daily choice of two toppings - Seasonal cut fruits - Mixed
salad bar - Freshly baked breads (white or wholemeal)



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